

LESSON PLAN – RISK MANAGEMENT QUIZ

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Rider/horse level: All Levels

Purpose

The purpose of this document is to create a fun learning environment for Pony Club members and their parents in an unmounted session.

Lesson Goal

Risk Management whilst essential to manage safety at Pony Club can be a dry topic and one difficult to get children excited about. It can also come across as intimidating if Instructors stand in front of children and parents with a big list of rules and regulations.

It is usually delivered at the beginning of each financial year as a way of engaging new families and members into the Club, creating an environment where everyone can meet one another as well as understand the culture of fun, friendship and safety in our Club.

Instructions for Use

- Split the children into groups of 3-5
- Groups should be a cross section of all age groups
- Appoint the older members as facilitators of their group, encouraging them to facilitate and guide the younger members
- Assign parents to each group as observers and listeners. Non-horsey parents or parents new to Pony Club will benefit from the exercise as well.
- Hand out the trivia sheets and have the groups work through the worksheets. This should take between 15-20mins
- Facilitators should encourage discussion in the group, stimulating the younger members to put their views and considerations forward
- Bring the total group back together and take it in turns for each group to read out the question, the options and then their chosen answer. If appropriate, ask the group to give reasons for their selection of the correct answer – or an associated example.
- Finally, go around the groups getting them to give their total of correct answers. This should be 14/14 if the questions have been written in such a manner to create success as well as learning.



Pony Club Trivia Quiz



- 1. To load your horse in the float when travelling to or from Pony Club:**
 - a) Throw the lead rope over their neck and hope they just walk on themselves
 - b) Ask your younger sibling to load the horse while you wait at the front
 - c) Yourself or your parent lead the horse on calmly and quietly
 - d) Ask your younger sibling to stand behind your horse as you load to encourage it to get on the float immediately

- 2. When arriving at Pony Club:**
 - a) Leave your horse in the float and go and play with your friends
 - b) Tack up your horse at the float in the carpark to save time
 - c) Walk your horse along the pedestrian path as that is the quickest way to get to the yards
 - d) Safely walk your horse to the yards, avoiding pedestrian areas, being aware of incoming traffic and other horses and children

- 3. The best way to lead your horse is:**
 - a) With a long lead rope wrapped around your hand
 - b) Because he is quiet you can leave a big loop in the lead rope
 - c) Walk on the left side of the horse, near the shoulder, with the rope folded
 - d) best done in thongs to enable an easy change into riding boots

- 4. When tacking up:**
 - a) It's ok to duck under the neck of a quiet horse and you will be tacked up faster than your friends
 - b) Never squat down or sit in front of a horse even if he's quiet
 - c) Ask your younger sibling to hold the horse if he won't stand still
 - d) Tie up using the bridle with the reins attached to save time having to change from a halter to a bridle

- 5. When at gear check at the start of Pony Club:**
 - a) Always have a loose girth so the Instructors can do it up for you
 - b) Line up close to your friends so you can talk together
 - c) Be mounted, safely away from other horses, with girth and helmet tight ready to be gear checked and marked off by an instructor
 - d) Loosen your helmet strap to keep cool until riding starts

- 6. Now its riding time, let's have fun. Your best friend says "Lets swap horses". Do you:**
 - a) Agree because it's your best friend
 - b) Agree because their horse is really quiet horse, better than yours
 - c) Ask your parent if its Ok
 - d) Agree with the Instructor who says it is not a good idea

- 7. Grading time. Grading at Pony Club is to:**
 - a) Jump as high as possible
 - b) Show control of pace, change of direction and jump the height you are currently training with a sound lower leg
 - c) Go as fast as you can to beat the clock
 - d) Show the use of a strong rein to control the horse

- 8. It's your turn for grading but your horse has been very lame all week due to injury. This is your last chance for grading before Zone Show Jumping. Do you:**
- Ride anyway hoping the lameness will not show
 - Go to grading on a different horse, one that has not attended a rally day before
 - Ask your best friend what you should do
 - Explain to the Instructor why this might not be the best time to be graded
- 9. You have finished your grading round, but you were not graded to your preferred height. Do you:**
- Reprimand your horse for his poor performance
 - Ask the Grading Instructor how you might improve and train for a better result next time
 - Complain to your friends
 - Get your parents to argue with the Grading Instructor to tell them their assessment was wrong
- 10. You are waiting for your turn at mounted games and it's very hot. You are tired and so is your horse. The instructor has said stay cool and wait to the side. Do you:**
- Keep your horse supple by using the extra time warming up
 - Dismount and wait under a nearby tree where there is water for you and the horse
 - Stay on your horse talking with friends
 - Stay on your horse talking with parents
- 11. You are in the warm up area, doing practice jumps before your competition round. Do you:**
- Jump immediately behind another rider to give your horse confidence
 - Adjust the practice jumps to much higher than the class height so that you can school over bigger jumps before going into the ring.
 - Jump in the direction of the flags with the red flag on the right
 - Jump as high and as fast as you can to tire your horse and put off the other competitors in the warm up ring
- 12. You are warming up before your dressage test:**
- Work in the warm up area at the designated time passing other horses left shoulder to left shoulder
 - Practice the test in the dressage arena before competition starts
 - Just do as much canter as you can to improve your paces
 - Ask your parent if you can enter the warm up area early to have extra time ahead of your test
- 13. Riding in a group at Pony Club, its best to:**
- Wait and talk with friends before it's your turn
 - Ride alongside your friend to help her control her horse
 - Never ask a question of the Instructor if unclear, ask your friend instead
 - Follow the direction of the Instructor at all times
- 14. In sporting and mounted games practice it is important to:**
- Go as fast as you can, even if it's a bit out of control because rough riding is ok in sporting or mounted games
 - Use good technique to make sure you can be efficient and get the best possible time
 - Kick your horse every stride so that you can go as fast as possible
 - Disregard the instructor's guidance as your friends will be really impressed if you go fast and take three laps of the arena to stop despite yanking on your horse's mouth



Pony Club Trivia Team Score

...../14